## **FULL TREATMENTS DESCRIPTIONS**

# TOTALLY WOMB STIMULATION

60 - 75 MIN | **150** 

focus: Fertility Stimulant | Healthy Uterine Function

#### Treats Session

IntimTEA Tasting

• Recommended IntimaTEA – Take Me Away

Intention and Breathing Exercise

Stimulating Clay Wrap - | Earth Clay, Seaweed, Aloe Vera

Hot Stone Press

Mayan Abdominal Massage

# TOTALLY WOMB CLEANSE

60-75 MIN | **150** 

focus: Fibroids | Hysterectomy | Birth Loss | Postpartum

#### Treats Session

IntimTEA Tasting

Recommended IntimaTEA – Calm Awareness with Raspberry Leaf

Intention and Breathing Exercise

Womb Cupping

Castor Oil Pack

Herbal Steam

Recommended Herb Mix | Lemongrass, Chamomile, Burdock Root, Calendula, Motherwort, Lavender, Nettles

# TOTALLY YONI LOVE (GROUP EXPERIENCE)

60 - 75 MIN

225 for 3 ppl

### Treats Session

IntimTEA Tasting

• Recommended IntimaTEA - The Calm O

Session Intention

Blend Bar Consultation

Breathing Exercise with Portable Oxygen

30-45 MIN Herbal Steam/Smoke

10-15 MIN Infrared Light Therapy