

SEX EDUTAINMENT LESSONS

Energy/Awareness

- Tea Sips: How To Make the Perfect Tea For the Perfect Orgasm
- Meditation/Awareness Tips and Types of Breathwork For A Better Orgasm
- Herbal Blends Compliments for Good Sex
- Yoni Balls, Kegels and Crystals, Oh My
- Selfcare Womb Massage
- Make Your Own Womb Wrap
- Reiki For Self
- Making Your Goddess Love Alter
- Self-Appreciation Posing For Your Close Up
- Move Your Body and Awaken Erotic Energy
- Vagina Monologue and Portraits
- Crystals For Erotic Energy
- Make Your Own Moon Salts Bath Scrub
- Out With the Old: Bonfire/Smudging Ritual
- Awakening the Senses

BDSM/Kink

- Impact Play
 - Intro to Spankings
 - Hurt Me More: Hardcore and Impact Play
- Metal and Rope Bondage 101
- Sensation Play for Beginners
 - Hot Wax Play
 - o Fire (Cupping) and Ice
- BDSM 101.A (Vocabulary and Negotiations)
- BDSM 101.B (Building Scenes)

Touch, Sex and Foreplay

- Sacred Sex Tips for Couples
 - o Soul Gazing
 - Body Mapping and Nonverbal Awareness
 - Cuddling
- Anal Sex Tips
- Oral Sex Tips: Giving Good Head
- Manual Sex Tips
 - o Yoni Massage
 - o Lingam Massage
 - o Breast Massage
 - Self-Love Massage
- Pleasure Spots and Anatomy
- Big Ego Guide
- Positions Guide
- Sensual Touch and Pleasure Zone
- Toybox: Different Toys and how to use them
 - Home Edition
 - Kink Edition
- Tools/Toys on a Budget
 - Massage
 - o Kink
- The Art of Dirty Talk
- Sext Like a PRO
- Adult Toy Store Tours